



# LEVEL THREE PRAYERS



## **Time to pray!**

### **Sign of the Cross**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.



### **THE HAIL MARY**

Hail Mary, full of grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now  
and at the hour of our death. Amen.

### **Grace Before Meals**

Bless us, O Lord,  
and these Your gifts  
which we are about to receive  
from Your bounty,  
through Christ our Lord. Amen.

### **Grace After Meals**

We give You thanks, almighty God,  
for these and all Your gifts  
which we have received through  
Christ our Lord. Amen.

### **Glory Be To The Father**

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

### **OUR FATHER**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

### **ACT OF CONTRITION**

O my God,  
I am sorry for my sins  
in choosing to sin  
and failing to do good,  
I have sinned against you  
and your Church.  
I firmly intend  
with the help of your Son  
to make up for my sins  
and to love as I should. Amen.