



LEVEL THREE PRAYERS



SIGN OF THE CROSS

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

THE HAIL MARY

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit
of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

GLORY BE TO THE FATHER

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end. Amen.

OUR FATHER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

ACT OF CONTRITION

O my God,
I am sorry for my sins
in choosing to sin
and failing to do good,
I have sinned against you
and your Church.
I firmly intend
with the help of your Son
to make up for my sins
and to love as I should. Amen.

GRACE BEFORE MEALS

Bless us, O Lord,
and these Your gifts
which we are about to receive
from Your bounty,
through Christ our Lord. Amen.

GRACE AFTER MEALS

We give You thanks, almighty God,
for these and all Your gifts
which we have received through
Christ our Lord. Amen.

PRAYER TO ST. MICHAEL

St. Michael the Archangel, defend us
in battle. Be our safeguard against the
wiles and wickedness of the devil.
Restrain him, O God, we humbly
pray, and do Thou, O Prince of the
Heavenly Host, by the power of God,
cast into hell Satan, and all the evil
spirits, who prowl about the world
seeking the ruin and destruction of
souls. Amen.