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## **Cardinal Virtues**

We have an ongoing need for God's intervention. Virtues are gifts from God. They are like good habits that need to be practiced. The three most important virtues are faith, hope, and charity, called the Theological Virtues. We need actual grace in daily life because of our human weakness and sin. We use this grace as help to practice the Cardinal Virtues, which are human virtues we acquire by making decisions and repeating actions that are moral and good.

**Directions:** Write the letter of the description that best matches each of the Cardinal Virtues.



\_ prudence

\_ justice

fortitude

\_ temperance

- A. gives us courage to do the right thing despite difficulty, fear, or temptation
- B. helps us control our desire to own or take pleasure in earthly goods
- **C.** guides us to give to God and others what is due them
- **D.** guides recognition of the true good in each circumstance and the choice of the right means to achieve that good

**Directions:** Write a brief example of each Cardinal Virtue on separate note cards. Identify the virtue on the back. Working in small groups, shuffle all the cards, leaving the example sides faceup. Take turns reading a card and identifying the virtue, giving one point for each correct answer. An example card is done for you.

As stewards of God's creation, we should simplify our lifestyles in order to conserve energy, reduce pollution, and lessen our carbon footprint.

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## **Session 4 Assessment**

- **A.** Write T or F to indicate whether the sentence is true or false.
- 1. \_\_\_\_ Grace is a gift of God, given to us without our meriting it.
- **2.** \_\_\_\_\_ Saint Ignatius of Loyola became a priest and founded a religious order called the Society of Jesus.
- **3.** \_\_\_\_\_ Grace that helps us make choices to live as God wants us to live is called sanctifying grace.
- **4.** \_\_\_\_\_ Grace that is imparted to us first through the Sacrament of Baptism and that produces in us a permanent condition in which we are pleasing to God as God's children is actual grace.
- **5.** \_\_\_\_\_ Sanctifying grace, as it refers to our God-given inclination and capacity for good, is sometimes called habitual grace.
- **6.** \_\_\_\_\_ The word Jesus means "God saves."
- 7. \_\_\_\_\_ The Annunciation is the entry of Jesus into God's presence in Heaven.
- 8. \_\_\_\_\_ The Immaculate Conception proclaims that Mary was free from Original Sin from the moment of her conception.
- 9. \_\_\_\_ Mary is Jesus' first disciple.
- 10. \_\_\_\_\_ When we pray the Hail Mary, we ask for Mary's intercession.
- 11. \_\_\_\_\_ Mary's yes to the angel Gabriel is called her *fiat*, which means "let it be done."
- **12.** \_\_\_\_\_ The word *sanctify* means "sacrament."
- **13.** One of Saint Ignatius of Loyola's greatest contributions to Catholicism is his book called *Spiritual Annunciation*.
- 14. \_\_\_\_ Grace is a deep and intimate connection between God and us.
- 15. \_\_\_\_\_ Grace has limits and set quantities.
- **16.** \_\_\_\_\_ Catholics have particular devotion to Mary because she responded to God's call with complete faith.

Session 4 Assessment

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Session 4 Assessment	
<b>B.</b> Mary is the perfect example of saying yes to God. It is to God. Write about an instance when it was difficult to a change of heart. What resulted from your yes to God?	say yes to God until you had
C. Describe a time when grace has been at work in your you in spiritual matters and acts of holy work?	· life. When has grace helped

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